



# December 2016

## ELEMENTARY BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Biscuit Ham/Cheese Croissant French toast Country Gravy Muffin Choice Oatmeal Banana Orange Slices	2 Biscuit Ham/Cheese Croissant Pancake on a Stick Country Gravy Muffin Choice Oatmeal Banana Orange Slices
5 Biscuit Ham/Cheese Croissant Mini Pancakes Country Gravy Muffin Choice Oatmeal Banana Orange Slices	6 Biscuit French toast Ham/Cheese Croissant Country Gravy Muffin Choice Oatmeal Banana Orange Slices	7 Biscuit Ham/Cheese Croissant Pancake on a Stick Country Gravy Oatmeal Muffin Choice Banana Orange Slices	8 Biscuit Ham/Cheese Croissant French toast Country Gravy Muffin Choice Oatmeal Banana Orange Slices	9 Biscuit Ham/Cheese Croissant Pancake on a Stick Country Gravy Muffin Choice Oatmeal Banana Orange Slices
12 Biscuit Ham/Cheese Croissant Mini Pancakes Country Gravy Muffin Choice Oatmeal Banana Orange Slices	13 Biscuit French toast Ham/Cheese Croissant Country Gravy Muffin Choice Oatmeal Banana Orange Slices	14 Biscuit Ham/Cheese Croissant Pancake on a Stick Country Gravy Oatmeal Muffin Choice Banana Orange Slices	15 Biscuit Ham/Cheese Croissant French toast Country Gravy Muffin Choice Oatmeal Banana Orange Slices	16 * EARLY DISMISSAL Biscuit Ham/Cheese Croissant Pancake on a Stick Country Gravy Muffin Choice Oatmeal Banana Orange Slices
19 * CHRISTMAS HOLIDAYS	20 * CHRISTMAS HOLIDAYS	21 * CHRISTMAS HOLIDAYS	22 * CHRISTMAS HOLIDAYS	23 * CHRISTMAS HOLIDAYS
26 * CHRISTMAS HOLIDAYS	27 * CHRISTMAS HOLIDAYS	28 * CHRISTMAS HOLIDAYS	29 * CHRISTMAS HOLIDAYS	30 * CHRISTMAS HOLIDAYS

### School News

Featured Item " Cereal Bars"

Meat filled biscuit served daily.

Come join us for breakfast everyday - FREE breakfast for all elementary children.

Daily Choices include: Choice of milk, choice of fruit, and choice of juice.

Menus are subject to change due to product availability.



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Non-discrimination Statement: "USDA is an equal opportunity provider and employer."

Whitfield County Schools  
Allergens  
December 2016

Serving Date	Recipe	Allergens
12/01/2016	R-0659 - Milk Choice	Milk
	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1713 - Cereal - Cocoa Puffs	Wheat
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1717 - Cereal - Frosted Flakes	Wheat
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans
	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
12/02/2016	R-0659 - Milk Choice	Milk
	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans
	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1340 - Pancake On A Stick	Eggs, Wheat, Soybeans
	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1717 - Cereal - Frosted Flakes	Wheat
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1713 - Cereal - Cocoa Puffs	Wheat
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
12/05/2016	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1717 - Cereal - Frosted Flakes	Wheat
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans

12/05/2016	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
	R-0659 - Milk Choice	Milk
	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1015 - Pancakes- Mini	Milk, Eggs, Wheat
	R-1713 - Cereal - Cocoa Puffs	Wheat
12/06/2016	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1713 - Cereal - Cocoa Puffs	Wheat
	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1717 - Cereal - Frosted Flakes	Wheat
	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
	R-0659 - Milk Choice	Milk
	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans
	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
12/07/2016	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1717 - Cereal - Frosted Flakes	Wheat
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
	R-0659 - Milk Choice	Milk
	R-1340 - Pancake On A Stick	Eggs, Wheat, Soybeans
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans
	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
	R-1713 - Cereal - Cocoa Puffs	Wheat
12/08/2016	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
	R-1713 - Cereal - Cocoa Puffs	Wheat
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1717 - Cereal - Frosted Flakes	Wheat
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1716 - Cereal - Golden Grahams	Wheat

12/08/2016	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
	R-0659 - Milk Choice	Milk
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans
	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
12/09/2016	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1713 - Cereal - Cocoa Puffs	Wheat
	R-1717 - Cereal - Frosted Flakes	Wheat
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans
	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
	R-0659 - Milk Choice	Milk
	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1340 - Pancake On A Stick	Eggs, Wheat, Soybeans
12/12/2016	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1717 - Cereal - Frosted Flakes	Wheat
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1015 - Pancakes- Mini	Milk, Eggs, Wheat
	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
	R-1713 - Cereal - Cocoa Puffs	Wheat
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
	R-0659 - Milk Choice	Milk
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans
	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
12/13/2016	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
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	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans

12/13/2016	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1717 - Cereal - Frosted Flakes	Wheat
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
12/14/2016	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
	R-1774 - Muffin Banana	Milk, Eggs, Wheat, Soybeans
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	R-0659 - Milk Choice	Milk
	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1340 - Pancake On A Stick	Eggs, Wheat, Soybeans
	R-1713 - Cereal - Cocoa Puffs	Wheat
	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1717 - Cereal - Frosted Flakes	Wheat
12/15/2016	R-0659 - Milk Choice	Milk
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans
	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
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	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
	R-1027 - Ham & Cheese Croissant	Milk, Eggs, Wheat, Soybeans
12/16/2016	R-1656 - Chicken Breakfast	Milk, Wheat, Soybeans
	R-1716 - Cereal - Golden Grahams	Wheat
	R-1727 - Muffin Blueberry	Milk, Eggs, Wheat, Soybeans
	R-0659 - Milk Choice	Milk
	R-1340 - Pancake On A Stick	Eggs, Wheat, Soybeans
	R-1662 - Muffin Chocolate	Milk, Eggs, Wheat, Soybeans
	R-1715 - Cereal - Cinnamon Toast	Wheat, Soybeans
	R-0670 - Gravy Country	Milk, Eggs, TreeNuts, Wheat, Soybeans
	R-1653 - Biscuit - Plain	Milk, Eggs (May contain), Wheat, Soybeans, May contain sesame.
	R-1713 - Cereal - Cocoa Puffs	Wheat
	R-1655 - Beef Steak Breakfast	Milk, Wheat, Soybeans
	R-1660 - Cereal - Honey Nut Cheerios	TreeNuts, Wheat

12/16/2016

R-1717 - Cereal - Frosted Flakes

R-1774 - Muffin Banana

Wheat

Milk, Eggs, Wheat, Soybeans