



# November 2016

## HIGH SCHOOL LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Fish & Shrimp BBQ Sandwich Chili Cheese Fries Mac N Cheese meal Cheeseburger Mozzarella Sticks Melon Cup Banana Canned Pears Frozen Treat	2 Asian Chicken Egg Rolls Asian Rice Lasagna Chicken Nuggets Chicken Sandwich Cheesy Bread Sticks Applesauce Cup Mixed Berry Bowl Grapes	3 Hot Dog Roasted Chicken Meatloaf Pasta Bake Chicken Casserole Quesadilla White Beans Halo Orange Cut Pineapple Grapes	4 Boneless Hot Wings Chicken Tenders Texas Toast Buffalo Chicken Pizza Ham/Cheese Sandwich Chicken Sandwich Mashed Potatoes Glazed Carrots Green Beans Fresh Fruit
7 Carnitas w flatbread Chicken Sandwich ChickenFajita Nachos General Tso Chicken Corn Canned Peaches Grapes Apples - Sliced Pineapple Kiwi Bowl	8 Fish & Shrimp BBQ Sandwich Chili Cheese Fries Mac N Cheese meal Cheeseburger Mozzarella Sticks Melon Cup Banana Canned Pears Frozen Treat	9 Asian Chicken Egg Rolls Asian Rice Lasagna Chicken Nuggets Chicken Sandwich Cheesy Bread Sticks Applesauce Cup Mixed Berry Bowl Grapes	10 Hot Dog Roasted Chicken Meatloaf Pasta Bake Chicken Casserole Quesadilla White Beans Halo Orange Cut Pineapple Grapes	11 Boneless Hot Wings Chicken Tenders Texas Toast Buffalo Chicken Pizza Ham/Cheese Sandwich Chicken Sandwich Mashed Potatoes Glazed Carrots Green Beans Fresh Fruit
14 Carnitas w flatbread Chicken Sandwich ChickenFajita Nachos General Tso Chicken Corn Canned Peaches Grapes Apples - Sliced Pineapple Kiwi Bowl	15 Fish & Shrimp BBQ Sandwich Chili Cheese Fries Mac N Cheese meal Cheeseburger Mozzarella Sticks Melon Cup Banana Canned Pears Frozen Treat	16 Asian Chicken Egg Rolls Asian Rice Lasagna Chicken Nuggets Chicken Sandwich Cheesy Bread Sticks Applesauce Cup Mixed Berry Bowl Grapes	17 Hot Dog Roasted Chicken Meatloaf Pasta Bake Chicken Casserole Quesadilla White Beans Halo Orange Cut Pineapple Grapes	18 Boneless Hot Wings Chicken Tenders Texas Toast Buffalo Chicken Pizza Ham/Cheese Sandwich Chicken Sandwich Mashed Potatoes Glazed Carrots Green Beans Fresh Fruit
21* THANKSGIVING HOLIDAYS	22* THANKSGIVING HOLIDAYS	23* THANKSGIVING HOLIDAYS	24* THANKSGIVING HOLIDAYS	25* THANKSGIVING HOLIDAYS
28 Carnitas w flatbread Chicken Sandwich ChickenFajita Nachos General Tso Chicken Corn Canned Peaches Grapes Apples - Sliced Pineapple Kiwi Bowl	29 Fish & Shrimp BBQ Sandwich Chili Cheese Fries Mac N Cheese meal Cheeseburger Mozzarella Sticks Melon Cup Banana Canned Pears Frozen Treat	30 Asian Chicken Egg Rolls Asian Rice Lasagna Chicken Nuggets Chicken Sandwich Cheesy Bread Sticks Applesauce Cup Mixed Berry Bowl Grapes		

### School News

Daily choices include:  
Leafy Green Salad,  
Choice of Vegetables,  
Choice of Milk and  
Choice of Fruit.

Served Daily: Pizza,  
PBJ and Chicken  
Sandwich  
Salad bar or Box:  
Monday: Chef Salad  
Tuesday: Yogurt Bar &  
Vegetable Soup  
Wednesday: Grilled  
Chicken Salad &  
Tortilla Soup  
Thursday: Chicken  
Tender Salad  
Friday: Baked Potato  
Bar & Chili

Menus are subject to  
change due to product  
availability.

"Because we don't just  
serve lunch"



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Whitfield County Schools  
Allergens  
November 2016

Serving Date	Recipe	Allergens	
11/01/2016	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat	
	R-0981 - Frozen Treat - Fruit Fiesta	Soybeans	
	R-0984 - Potato Wedges	Soybeans	
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans	
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans	
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans	
	R-1781 - Toast-Texas	Milk, Wheat, Soybeans	
	R-1820 - Cheese-Cottage	Milk	
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans	
	R-0895 - Beef-Chili Cheese Fries	Milk, Wheat, Soybeans	
	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans	
	R-1551 - Fish/Shrimp	Milk, Fish, Wheat, Soybeans	
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans	
	R-1827 - Baby Carrots w/o dressing	Milk	
	R-1862 - Saltine Crackers	Wheat	
	R-0934 - Beef - Cheeseburger	Milk, Wheat	
	R-0940 - Hushpuppie	Milk, Eggs, Wheat, Soybeans	
	R-0959 - Cheese Mozzarella Sticks	Milk, Wheat, Soybeans	
	R-1712 - Crackers, Lance Wheat Twins	Wheat	
	R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans	
	R-0659 - Milk Choice	Milk	
	R-0690 - Baked Beans (Veg bean)	Soybeans	
	R-0960 - Slaw - Cole Slaw	Eggs	
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans	
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans	
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans	
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans	
	R-1776 - Mac N Cheese	Milk, Wheat	
	R-1784 - BBQ Sandwich	Soybeans	
	R-1819 - Yogurt-Vanilla Blend	Milk	
	R-1825 - Cereal-Garnola	Wheat	
	11/02/2016	R-0894 - Cheesy Bread Sticks	Milk, Eggs, Wheat, Soybeans
		R-0944 - Okra - Breaded	Milk, Wheat, Soybeans
R-0962 - Sandwich -Peanut Butter/Jelly		Peanuts, Wheat, Soybeans	
R-1323 - Asian Rice		Wheat, Soybeans	
R-1324 - Beef- Lasagna		Milk	
R-1706 - Chips, Garden Salsa		Milk, Wheat, Soybeans	
R-1712 - Crackers, Lance Wheat Twins	Wheat		

11/02/2016	R-0489 - Egg Roll	Eggs, Wheat, Soybeans
	R-0710 - Chicken Asian	Milk, Eggs, Wheat, Soybeans
	R-0922 - Beef-Philly Steak/ Hoagie Roll	Milk, Wheat, Soybeans
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans
	R-1781 - Toast-Texas	Milk, Wheat, Soybeans
	R-1821 - Chips-Tortilla	Wheat
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans
	R-1011 - Cheese- Shredded	Milk
	R-1325 - Chicken Bonless	Milk, Wheat
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans
	R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans
	R-1827 - Baby Carrots w/o dressing	Milk
	R-0991 - Salad - Corn Salad	Milk
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans
	R-1383 - Salad - Grilled Chicken Salad Plate	Milk, Wheat, Soybeans
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans
	11/03/2016	R-0936 - Pizza - Buffalo Chicken
R-1636 - Cornbread - Jalapeno,		Milk, Eggs, Wheat, Soybeans
R-1707 - Chips, Cheddar Harvest		Milk, Wheat, Soybeans
R-1718 - Chips, Cheese Doritos		Milk, Wheat, Soybeans
R-1781 - Toast-Texas		Milk, Wheat, Soybeans
R-1827 - Baby Carrots w/o dressing		Milk
R-0877 - Chicken Sandwich		Milk, Wheat, Soybeans
R-0928 - Beef- Meatloaf		Eggs, Wheat
R-1035 - Condiments - Lunch		Milk, Eggs, Wheat, Soybeans
R-1351 - Pizza - Cheese, Wedge		Milk, Wheat, Soybeans
R-1748 - Chips, Cheetos		Milk, Wheat, Soybeans
R-1862 - Saltine Crackers		Wheat
R-0659 - Milk Choice		Milk
R-0851 - Chicken Casserole		Milk, Wheat, Soybeans
R-0874 - Quesadilla		Milk, Wheat, Soybeans
R-0935 - Pizza - Quesadilla		Milk, Wheat, Soybeans
R-0960 - Slaw - Cole Slaw		Eggs
R-1353 - Pizza - Pepperoni, Wedge		Milk, Wheat, Soybeans
R-1697 - Chips Sweet Spicy Doritos		Milk, Wheat, Soybeans
R-1705 - Chips, Cheetos Hot		Milk, Wheat, Soybeans
R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans	
R-0349 - Hot Dog/Bun	Wheat	
R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans	
R-0997 - Salad - Caesar	Milk, Eggs, Fish, Wheat	
R-1390 - Salad Bar- Chicken Tender	Milk, Eggs, Wheat, Soybeans	
R-1712 - Crackers, Lance Wheat Twins	Wheat	

11/03/2016	R-1787 - Pasta Bake	Milk
11/04/2016	R-0899 - Chicken Tenders- MSHS	Wheat
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat
	R-1712 - Crackers, Lance Wheat Twins	Wheat
	R-1822 - Margarine-Reddies SS	Milk
	R-0955 - Sand. Ham /Cheese Hoagie Roll	Milk, Wheat, Soybeans
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans
	R-1781 - Toast-Texas	Milk, Wheat, Soybeans
	R-1827 - Baby Carrots w/o dressing	Milk
	R-0632 - Potatoes- Mashed	Milk, Soybeans
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans
	R-0968 - Condiment - Sour Cream	Milk
	R-0984 - Potato Wedges	Soybeans
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans
	R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans
	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans
	R-0961 - Boneless Hot Wings	Milk, Wheat, Soybeans
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans
11/07/2016	R-0952 - Chicken Fajita Nachos	Milk, Wheat
	R-1035 - Condiments - Lunch	Milk, Eggs, Wheat, Soybeans
	R-1370 - Salad Bar- Chef Salad	Milk, Eggs, Wheat
	R-1712 - Crackers, Lance Wheat Twins	Wheat
	R-0659 - Milk Choice	Milk
	R-0960 - Slaw - Cole Slaw	Eggs
	R-0968 - Condiment - Sour Cream	Milk
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans
	R-1740 - General Tso's Chicken	Milk, Eggs, Wheat, Soybeans, citrus
	R-0489 - Egg Roll	Eggs, Wheat, Soybeans
	R-0545 - EGG,HARD-BOILED	Eggs
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans
	R-1011 - Cheese- Shredded	Milk
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans
	R-0309 - Rice Pilaf	Soybeans
	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans
	R-1827 - Baby Carrots w/o dressing	Milk

11/08/2016	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans	
	R-0981 - Frozen Treat - Fruit Fiesta	Soybeans	
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans	
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans	
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans	
	R-1827 - Baby Carrots w/o dressing	Milk	
	R-0940 - Hushpuppie	Milk, Eggs, Wheat, Soybeans	
	R-0959 - Cheese Mozzarella Sticks	Milk, Wheat, Soybeans	
	R-1712 - Crackers, Lance Wheat Twins	Wheat	
	R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans	
	R-1776 - Mac N Cheese	Milk, Wheat	
	R-0659 - Milk Choice	Milk	
	R-0690 - Baked Beans (Veg bean)	Soybeans	
	R-0934 - Beef - Cheeseburger	Milk, Wheat	
	R-0960 - Slaw - Cole Slaw	Eggs	
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans	
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans	
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans	
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans	
	R-1781 - Toast-Texas	Milk, Wheat, Soybeans	
	R-1784 - BBQ Sandwich	Soybeans	
	R-1825 - Cereal-Garnola	Wheat	
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans	
	R-0895 - Beef-Chili Cheese Fries	Milk, Wheat, Soybeans	
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat	
	R-0984 - Potato Wedges	Soybeans	
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans	
	R-1551 - Fish/Shrimp	Milk, Fish, Wheat, Soybeans	
	R-1819 - Yogurt-Vanilla Blend	Milk	
	R-1820 - Cheese-Cottage	Milk	
	R-1862 - Saltine Crackers	Wheat	
	11/09/2016	R-0991 - Salad - Corn Salad	Milk
		R-1712 - Crackers, Lance Wheat Twins	Wheat
R-1748 - Chips, Cheetos		Milk, Wheat, Soybeans	
R-0894 - Cheesy Bread Sticks		Milk, Eggs, Wheat, Soybeans	
R-0944 - Okra - Breaded		Milk, Wheat, Soybeans	
R-0962 - Sandwich -Peanut Butter/Jelly		Peanuts, Wheat, Soybeans	
R-1323 - Asian Rice		Wheat, Soybeans	
R-1324 - Beef- Lasagna		Milk	
R-1353 - Pizza - Pepperoni, Wedge		Milk, Wheat, Soybeans	
R-1705 - Chips, Cheetos Hot		Milk, Wheat, Soybeans	
R-1706 - Chips, Garden Salsa		Milk, Wheat, Soybeans	
R-1821 - Chips-Tortilla		Wheat	
R-0489 - Egg Roll		Eggs, Wheat, Soybeans	
R-0710 - Chicken Asian		Milk, Eggs, Wheat, Soybeans	

11/09/2016	R-0922 - Beef-Philly Steak/ Hoagie Roll	Milk, Wheat, Soybeans	
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat	
	R-1325 - Chicken Bonless	Milk, Wheat	
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans	
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans	
	R-1781 - Toast-Texas	Milk, Wheat, Soybeans	
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans	
	R-1011 - Cheese- Shredded	Milk	
	R-1383 - Salad - Grilled Chicken Salad Plate	Milk, Wheat, Soybeans	
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans	
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans	
	R-1827 - Baby Carrots w/o dressing	Milk	
	11/10/2016	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans
		R-1035 - Condiments - Lunch	Milk, Eggs, Wheat, Soybeans
		R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans
		R-1827 - Baby Carrots w/o dressing	Milk
R-1862 - Saltine Crackers		Wheat	
R-0349 - Hot Dog/Bun		Wheat	
R-0851 - Chicken Casserole		Milk, Wheat, Soybeans	
R-0874 - Quesadilla		Milk, Wheat, Soybeans	
R-0928 - Beef- Meatloaf		Eggs, Wheat	
R-0935 - Pizza - Quesadilla		Milk, Wheat, Soybeans	
R-1353 - Pizza - Pepperoni, Wedge		Milk, Wheat, Soybeans	
R-1697 - Chips Sweet Spicy Doritos		Milk, Wheat, Soybeans	
R-1705 - Chips, Cheetos Hot		Milk, Wheat, Soybeans	
R-1712 - Crackers, Lance Wheat Twins		Wheat	
R-0659 - Milk Choice		Milk	
R-0960 - Slaw - Cole Slaw		Eggs	
R-0962 - Sandwich -Peanut Butter/Jelly		Peanuts, Wheat, Soybeans	
R-0997 - Salad - Caesar		Milk, Eggs, Fish, Wheat	
R-1390 - Salad Bar- Chicken Tender		Milk, Eggs, Wheat, Soybeans	
R-1706 - Chips, Garden Salsa		Milk, Wheat, Soybeans	
R-0936 - Pizza - Buffalo Chicken		Milk, Wheat	
R-1351 - Pizza - Cheese, Wedge		Milk, Wheat, Soybeans	
R-1636 - Cornbread - Jalapeno,		Milk, Eggs, Wheat, Soybeans	
R-1707 - Chips, Cheddar Harvest		Milk, Wheat, Soybeans	
R-1718 - Chips, Cheese Doritos		Milk, Wheat, Soybeans	
R-1781 - Toast-Texas		Milk, Wheat, Soybeans	
R-1787 - Pasta Bake	Milk		
11/11/2016	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans	
	R-0961 - Boneless Hot Wings	Milk, Wheat, Soybeans	
	R-0968 - Condiment - Sour Cream	Milk	
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans	
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans	
R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans		

11/11/2016	R-0955 - Sand. Ham /Cheese Hoagie Roll	Milk, Wheat, Soybeans	
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans	
	R-1712 - Crackers, Lance Wheat Twins	Wheat	
	R-1822 - Margarine-Reddies SS	Milk	
	R-0899 - Chicken Tenders- MSHS	Wheat	
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat	
	R-0984 - Potato Wedges	Soybeans	
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans	
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans	
	R-1781 - Toast-Texas	Milk, Wheat, Soybeans	
	R-0632 - Potatoes- Mashed	Milk, Soybeans	
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans	
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans	
	R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans	
	R-1827 - Baby Carrots w/o dressing	Milk	
	11/14/2016	R-0489 - Egg Roll	Eggs, Wheat, Soybeans
		R-0968 - Condiment - Sour Cream	Milk
R-1035 - Condiments - Lunch		Milk, Eggs, Wheat, Soybeans	
R-1351 - Pizza - Cheese, Wedge		Milk, Wheat, Soybeans	
R-1353 - Pizza - Pepperoni, Wedge		Milk, Wheat, Soybeans	
R-1705 - Chips, Cheetos Hot		Milk, Wheat, Soybeans	
R-0545 - EGG,HARD-BOILED		Eggs	
R-0659 - Milk Choice		Milk	
R-0877 - Chicken Sandwich		Milk, Wheat, Soybeans	
R-0960 - Slaw - Cole Slaw		Eggs	
R-0962 - Sandwich -Peanut Butter/Jelly		Peanuts, Wheat, Soybeans	
R-1011 - Cheese- Shredded		Milk	
R-1706 - Chips, Garden Salsa		Milk, Wheat, Soybeans	
R-1740 - General Tso's Chicken		Milk, Eggs, Wheat, Soybeans, citrus	
R-0309 - Rice Pilaf		Soybeans	
R-0935 - Pizza - Quesadilla		Milk, Wheat, Soybeans	
R-0936 - Pizza - Buffalo Chicken		Milk, Wheat	
R-0952 - Chicken Fajita Nachos		Milk, Wheat	
R-1707 - Chips, Cheddar Harvest		Milk, Wheat, Soybeans	
R-1712 - Crackers, Lance Wheat Twins		Wheat	
R-1718 - Chips, Cheese Doritos		Milk, Wheat, Soybeans	
R-1370 - Salad Bar- Chef Salad		Milk, Eggs, Wheat	
R-1827 - Baby Carrots w/o dressing		Milk	
11/15/2016	R-0659 - Milk Choice	Milk	
	R-0690 - Baked Beans (Veg bean)	Soybeans	
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans	
	R-0895 - Beef-Chili Cheese Fries	Milk, Wheat, Soybeans	
	R-0960 - Slaw - Cole Slaw	Eggs	
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans	
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans	

11/15/2016	R-1551 - Fish/Shrimp	Milk, Fish, Wheat, Soybeans
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans
	R-1784 - BBQ Sandwich	Soybeans
	R-1819 - Yogurt-Vanilla Blend	Milk
	R-1820 - Cheese-Cottage	Milk
	R-1862 - Saltine Crackers	Wheat
	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat
	R-0981 - Frozen Treat - Fruit Fiesta	Soybeans
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans
	R-1712 - Crackers, Lance Wheat Twins	Wheat
	R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans
	R-1776 - Mac N Cheese	Milk, Wheat
	R-1825 - Cereal-Garnola	Wheat
	R-1827 - Baby Carrots w/o dressing	Milk
	R-0934 - Beef - Cheeseburger	Milk, Wheat
	R-0940 - Hushpuppie	Milk, Eggs, Wheat, Soybeans
	R-0959 - Cheese Mozzarella Sticks	Milk, Wheat, Soybeans
	R-0984 - Potato Wedges	Soybeans
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans
	R-1781 - Toast-Texas	Milk, Wheat, Soybeans
11/16/2016	R-0894 - Cheesy Bread Sticks	Milk, Eggs, Wheat, Soybeans
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans
	R-0991 - Salad - Corn Salad	Milk
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans
	R-1781 - Toast-Texas	Milk, Wheat, Soybeans
	R-1821 - Chips-Tortilla	Wheat
	R-0489 - Egg Roll	Eggs, Wheat, Soybeans
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat
	R-0944 - Okra - Breaded	Milk, Wheat, Soybeans
	R-1011 - Cheese- Shredded	Milk
	R-1323 - Asian Rice	Wheat, Soybeans
	R-1324 - Beef- Lasagna	Milk
	R-1325 - Chicken Bonless	Milk, Wheat
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans
	R-0710 - Chicken Asian	Milk, Eggs, Wheat, Soybeans
	R-0922 - Beef-Philly Steak/ Hoagie Roll	Milk, Wheat, Soybeans
	R-1383 - Salad - Grilled Chicken Salad Plate	Milk, Wheat, Soybeans
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans



11/16/2016	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans	
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans	
	R-1827 - Baby Carrots w/o dressing	Milk	
	R-1712 - Crackers, Lance Wheat Twins	Wheat	
	R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans	
11/17/2016	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat	
	R-0997 - Salad - Caesar	Milk, Eggs, Fish, Wheat	
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans	
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans	
	R-1781 - Toast-Texas	Milk, Wheat, Soybeans	
	R-1787 - Pasta Bake	Milk	
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans	
	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans	
	R-1636 - Cornbread - Jalapeno,	Milk, Eggs, Wheat, Soybeans	
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans	
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans	
	R-1827 - Baby Carrots w/o dressing	Milk	
	R-1862 - Saltine Crackers	Wheat	
	R-0349 - Hot Dog/Bun	Wheat	
	R-0851 - Chicken Casserole	Milk, Wheat, Soybeans	
	R-0928 - Beef- Meatloaf	Eggs, Wheat	
	R-1035 - Condiments - Lunch	Milk, Eggs, Wheat, Soybeans	
	R-1712 - Crackers, Lance Wheat Twins	Wheat	
	R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans	
	R-0659 - Milk Choice	Milk	
	R-0874 - Quesadilla	Milk, Wheat, Soybeans	
	R-0960 - Slaw - Cole Slaw	Eggs	
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans	
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans	
	R-1390 - Salad Bar- Chicken Tender	Milk, Eggs, Wheat, Soybeans	
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans	
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans	
	11/18/2016	R-0955 - Sand. Ham /Cheese Hoagie Roll	Milk, Wheat, Soybeans
		R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans
		R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans
		R-1822 - Margarine-Reddies SS	Milk
		R-0632 - Potatoes- Mashed	Milk, Soybeans
R-0899 - Chicken Tenders- MSHS		Wheat	
R-0936 - Pizza - Buffalo Chicken		Milk, Wheat	
R-0984 - Potato Wedges		Soybeans	
R-1351 - Pizza - Cheese, Wedge		Milk, Wheat, Soybeans	
R-1707 - Chips, Cheddar Harvest		Milk, Wheat, Soybeans	
R-1718 - Chips, Cheese Doritos		Milk, Wheat, Soybeans	
R-1781 - Toast-Texas		Milk, Wheat, Soybeans	
R-0877 - Chicken Sandwich		Milk, Wheat, Soybeans	

11/18/2016	R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans	
	R-1827 - Baby Carrots w/o dressing	Milk	
	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans	
	R-0961 - Boneless Hot Wings	Milk, Wheat, Soybeans	
	R-0968 - Condiment - Sour Cream	Milk	
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans	
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans	
	R-1712 - Crackers, Lance Wheat Twins	Wheat	
	R-0309 - Rice Pilaf	Soybeans	
11/28/2016	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat	
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans	
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans	
	R-1827 - Baby Carrots w/o dressing	Milk	
	R-0545 - EGG,HARD-BOILED	Eggs	
	R-0952 - Chicken Fajita Nachos	Milk, Wheat	
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans	
	R-1370 - Salad Bar- Chef Salad	Milk, Eggs, Wheat	
	R-1712 - Crackers, Lance Wheat Twins	Wheat	
	R-0659 - Milk Choice	Milk	
	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans	
	R-0960 - Slaw - Cole Slaw	Eggs	
	R-0968 - Condiment - Sour Cream	Milk	
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans	
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans	
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans	
	R-1740 - General Tso's Chicken	Milk, Eggs, Wheat, Soybeans, citrus	
	R-0489 - Egg Roll	Eggs, Wheat, Soybeans	
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans	
	R-1011 - Cheese- Shredded	Milk	
	R-1035 - Condiments - Lunch	Milk, Eggs, Wheat, Soybeans	
	R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans	
	11/29/2016	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans
		R-0895 - Beef-Chili Cheese Fries	Milk, Wheat, Soybeans
		R-0934 - Beef - Cheeseburger	Milk, Wheat
		R-0940 - Hushpuppie	Milk, Eggs, Wheat, Soybeans
		R-0959 - Cheese Mozzarella Sticks	Milk, Wheat, Soybeans
R-0984 - Potato Wedges		Soybeans	
R-1351 - Pizza - Cheese, Wedge		Milk, Wheat, Soybeans	
R-1551 - Fish/Shrimp		Milk, Fish, Wheat, Soybeans	
R-1748 - Chips, Cheetos		Milk, Wheat, Soybeans	
R-1862 - Saltine Crackers		Wheat	
R-0981 - Frozen Treat - Fruit Fiesta		Soybeans	
R-1707 - Chips, Cheddar Harvest		Milk, Wheat, Soybeans	
R-1718 - Chips, Cheese Doritos		Milk, Wheat, Soybeans	
R-1781 - Toast-Texas		Milk, Wheat, Soybeans	

11/29/2016	R-1825 - Cereal-Garnola	Wheat
	R-1827 - Baby Carrots w/o dressing	Milk
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat
	R-1712 - Crackers, Lance Wheat Twins	Wheat
	R-1776 - Mac N Cheese	Milk, Wheat
	R-1820 - Cheese-Cottage	Milk
	R-0659 - Milk Choice	Milk
	R-0690 - Baked Beans (Veg bean)	Soybeans
	R-0935 - Pizza - Quesadilla	Milk, Wheat, Soybeans
	R-0960 - Slaw - Cole Slaw	Eggs
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans
	R-1784 - BBQ Sandwich	Soybeans
	R-1819 - Yogurt-Vanilla Blend	Milk
11/30/2016	R-0894 - Cheesy Bread Sticks	Milk, Eggs, Wheat, Soybeans
	R-1718 - Chips, Cheese Doritos	Milk, Wheat, Soybeans
	R-1821 - Chips-Tortilla	Wheat
	R-1827 - Baby Carrots w/o dressing	Milk
	R-0710 - Chicken Asian	Milk, Eggs, Wheat, Soybeans
	R-0922 - Beef-Philly Steak/ Hoagie Roll	Milk, Wheat, Soybeans
	R-0936 - Pizza - Buffalo Chicken	Milk, Wheat
	R-1707 - Chips, Cheddar Harvest	Milk, Wheat, Soybeans
	R-1712 - Crackers, Lance Wheat Twins	Wheat
	R-0877 - Chicken Sandwich	Milk, Wheat, Soybeans
	R-0944 - Okra - Breaded	Milk, Wheat, Soybeans
	R-0962 - Sandwich -Peanut Butter/Jelly	Peanuts, Wheat, Soybeans
	R-1011 - Cheese- Shredded	Milk
	R-1323 - Asian Rice	Wheat, Soybeans
	R-1324 - Beef- Lasagna	Milk
	R-1353 - Pizza - Pepperoni, Wedge	Milk, Wheat, Soybeans
	R-1383 - Salad - Grilled Chicken Salad Plate	Milk, Wheat, Soybeans
	R-1697 - Chips Sweet Spicy Doritos	Milk, Wheat, Soybeans
	R-1705 - Chips, Cheetos Hot	Milk, Wheat, Soybeans
	R-1706 - Chips, Garden Salsa	Milk, Wheat, Soybeans
	R-0489 - Egg Roll	Eggs, Wheat, Soybeans
	R-0991 - Salad - Corn Salad	Milk
R-1325 - Chicken Bonless	Milk, Wheat	
R-1351 - Pizza - Cheese, Wedge	Milk, Wheat, Soybeans	
R-1748 - Chips, Cheetos	Milk, Wheat, Soybeans	
R-1781 - Toast-Texas	Milk, Wheat, Soybeans	